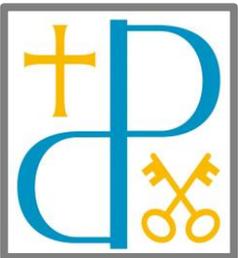




**CLIPSTON
ENDOWED VC
PRIMARY SCHOOL**

**Clipston Connects
Number 2**

11th September 2020



W/B 14/09/20	Regular Events	New / One-off Events
Monday		Breakfast Club Full
Tuesday	KS1 Reading Volunteers in school Music Lessons with Mrs Cliffe (NMPAT)	
Wednesday	Owl & Robin Class Library session	
Thursday		
Friday	Year 3 & Year 4 French Lessons	



News: All the children including our new intake of Reception pupils have completed their first week at school! Not only do they look very smart in their school uniform, they are all settling in happily and getting to grips with the daily school routines. Well done! In Robin and Woodpecker Classes, the children have all made a fabulous effort with their self-portraits, using their new sketch books. **Many thanks to the School Association for funding these.** In our Bubble Assemblies this week we have been exploring Kindness – our Christian Virtue this term – through stories in picture books which give the message that whilst everyone is different, everyone is welcome in our community, and being kind matters.

Notices and Reminders: Many of you will already be aware of the recent concerns over an extremely distressing video circulating on social media. For those parents who allow their children to use TikTok, Snapchat, and Instagram in particular, we urge you to carefully consider your child's mental health and well-being and to ensure that your robust parental controls are firmly in place. We have been asked by the Local Authority to draw your attention to the attached information as part of our safeguarding processes. Thank you for your support in helping our children to stay safe.

September	October	November
28 th Full Governing Body Meeting 29 th 9am Bags 2 School Collection	9 th Individual School Photographs 19 th Full Governing Body Meeting 23 rd Flu Vaccinations (whole school) 23 rd Last Day of Term 1 31 st 5pm Deadline for Secondary School Applications	2 nd Training Day 3 rd 1 st Day of Term 2

Our Christian Virtue this term is **Kindness** – Be kind to one another – Ephesians 4:32
The Designated Safeguarding Lead is Mrs Emma Mercer. Deputy DSL is Miss Steph Glascodine
Follow us on Twitter @ClipstonSchool Website: www.clipstonprimaryschool.org

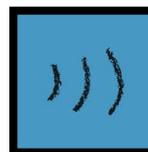
Parents

Online safety within the home

1. **Set fair and consistent rules** in relation to your child's internet use at home. As they get older, try to agree the rules with them so that they have some control over their digital world.
2. **Teach your child to think critically** about what they see, read or hear online. For young children encourage them to ask "what would mom or dad say about that"? As they get older they need to be able to assess for themselves whether they are in a risky online place and whether the information they are receiving is reliable and helpful to them.
3. It's much harder for people to empathise with each other when their communications are digital. It's why trolls find it easy to post horrible messages. Helping young people to understand that and pause and think about the impact of things posted online, will help them cope with some difficult behaviour they will come across and avoid getting caught up in it.
4. Maintain a **positive** outlook on your child's use of the internet. Whatever you think of the stuff they watch or the hours they spend on Instagram or Youtube, if you constantly criticise the apps or games they love, they are not going to want to talk to you about their online life. **Remember if something happens online at home don't get mad, get curious.**
5. Young people who can recover from an online mistake can learn and avoid making the same mistake again. You can help by making it easy for them to talk to you about their mishaps. **Try and keep calm and carry on! Think carefully about blocking apps or websites.** This can exacerbate the problem. Making sure they know where to go for help if they need it, and recognising if they are not recovering well so you can step in and help. Don't forget parents can also talk to their child's school about online safety. Also check out Childnet International and their [hot topic](#) section.
6. **Allow young people to explore and take charge of their online life.** Having some control over any given situation is an important part of resilience – and such an important part of digital resilience. It's essential in helping them understand and develop their own sense of what's right and wrong online.

Setting up and implementing the 4 D's at home is vital

- **Digital free zones** – keep technology downstairs
- **Digital role models** – parents lead by example online and with digital usage
- **Digital sunset** – young people need to come away from technology before they go to sleep
- **Digital detox** – As a family try a gadget free day or hour



3 great apps to download:

- **Netware** aimed at parents highlighting different apps and games young people use.
- **Internet Matters (tablet only)** is a fun interactive online safety quiz that can be used at home with children.
- **Youtube for kid's app** aimed at young children

Online Safety Guide for Parents & Carers

Social Media

- Research the age restrictions of apps – don't refer to the information given in app stores as it is not always correct.
- Remind young people to set social media accounts to '**private**' – **apps are set to 'public' by default once downloaded.**
- Do your children understand what is '**safe and unsafe**' to post online?
- Educate young people on **how** they can report their concerns online, and **who** can help.
- Parents ideally need to sit, discuss and walk through social media platforms and instant messenger apps with their children – i.e. you can set up '**family safety mode**' within certain apps.
- Support young people in making safe connections online, and building healthy relationships.
- **Please don't assume all children use the internet and apps the same the same way.** Ask young people regularly where they are going online, and how they are using it.
- **Be careful sharing your location.** Ideally children and young people should have their location services switched off on their phones, or only share their location with selected family and friends only.
- Support children and young people to have a **positive** presence online, and remind them that once something is posted online it stays posted.
- Have a conversation about who your children are following, speaking to and/or engaging with online. Ask how these people make your children feel? E.g. does this person you follow make you feel good or bad about yourself?
- Agree on a realistic time limit as a family, for gadgets and use of social media. Encourage young people to come away from technology an hour before bedtime.

Great websites to look at

internet
matters.org

Great apps to explore if
children have mobile phones



Childnet
International



SafeToNet



Online Safety Guide for Parents & Carers

Online Gaming

- Games come with age ratings, or a PEGI rating. Do your research before you download the game. Some games may appear child friendly but still promote violence and/or sexual content.
- Games come with 'chat' features that allow players to communicate with each other. You can chat verbally through a head set, or through an instant messaging function. These chats work similar to most messenger apps, where people can be part of a group or a private conversation. Make sure young people and children are making safe connections online, especially as personal information is often given out accidentally whilst gaming. **If they are being asked to provide personal information, photos or videos, or to meet in the real world, make sure they know to speak to a trusted adult and ask for help. Encourage young people to focus only on the game when talking to other players and avoid other topics. It is also important to just have a conversation with your children about what it is they enjoy about the games they play, and how they can keep themselves safe online.**
- Bullying can be a big concern in the gaming world, and so can online conversations that contain inappropriate themes and language. Make sure children and young people know how to block and report certain people if they are experiencing bullying on a game. Also, just remember it may not always be other young people playing these games, at times your children could be interacting with adults.
- Online games work just like any other company, in that they need to make money. Some games have created their own currency (E.g. V-Bucks in Fortnite), other games encourage users to spend money via a linked bank account/debit card. For a lot of games you can turn off or restrict in app purchases, however some other games (E.g. console games) may require a payment method to be registered before users can access.
- The longer you play games the better you become. May sound obvious but some games can't be paused, as levels need to be completed or the game needs to be played through in its entirety. This can have a huge impact on the behaviour of children and young people, and of course their sleeping patterns. Try and keep technology out of bedrooms, and encourage a good night's sleep by coming away from tech an hour before bedtime, and work with your children set realistic time limits.