

Family and relationships

How do families offer stability and love?

Are families all different?

Should we be mindful of other peoples' feelings?

How could we deal with unhappy friendships?

What are manners and courtesy?

How can we cope with change and loss?

What are gender stereotypes?

Citizenship

How do we follow rules beyond school?

What is our school environment like?

What is our local environment like?

What kind of job roles are there in our local community?

What do we mean be similar yet different?

What is school council?

How can I give my opinion?

Economic wellbeing

Where does money come from?

How can we explore our needs?

How can we explore our wants?

What are bank cards and accounts?

What are skills and talents?

Is everyone welcome?

Health and wellbeing

What different emotions do we experience?

How can we stay active?

How can we practice relaxation?

What steps can we take to succeed?

How can we develop a growth mindset?

What is a healthy diet?

How can we look after our teeth?

Safety and the changing body

What is the internet and how can we use it?

How can we communicate online?

What are the differences between secrets and surprises?

What is appropriate contact?

Why are private parts considered private?

How can we respect personal boundaries?

What is road safety?

How can we cross roads safely?

How can we stay safe with medicine?

Transition

How do we create an effective learning environment during PSHRE?

What to expect during classroom transition?