

PSHRE (Cycle B) | Years 3& 4 | 2023-24

Being Me in my World

Becoming a class team

Being a school citizen

Rights, responsibilities and democracy

Rewards and consequences

Working well with others

Our Learning charter

Celebrating Difference

Challenging Assumptions and judging by appearances

Understanding influences

Understanding bullying

Problem solving

Special me and how unique I am

Celebrating difference – accepting people as they are

Dreams and Goals

Hopes and Dreams

Broken dreams – handling disappointment

Creating new, realistic dreams.

Achieving goals

Working in a group celebrating contributions

Resilience and positive attitudes

Healthy Me

Healthier friendships

Group Dynamics

Smoking and Alcohol

Peer Pressure

Assertiveness

Celebrating Inner Strength

Relationships

Jealousy

Love and loss

Memories of loved ones

Getting on and Falling out

Girlfriends and boyfriends

Showing appreciation to people and animals

Changing Me

Being unique

Confidence in change

Accepting change

Preparing for change

Environmental change